

# *stripey rockets*

*you need:*

A variety of fruit juices and yoghurt drinks like Vitagen

Plastic bottles

Aluminium foil

Ice cream sticks

Plastic disposable cups

*to do:*

*Cut the plastic bottles about 10-15cm from the top and save the tops together with the caps. Turned over, they will be your moulds. Place them in the disposable cups to hold them steady. Pour one kind of juice about a third or halfway up the mould. Wrap aluminium foil around the mouth of the mould, make a slit in the middle for the ice cream stick and put everything in the freezer for a few hours. When the juice is frozen, carefully lift up one edge of the foil and pour in a different juice. Replace foil and refreeze. When you unmould the lollies, they look like stripey rockets!*

